



## **Small Group/ Reflection Notes**

	09-03-2025	Backward steps for forward living
Start	What has your week been like?	
Discuss	<ul> <li>How has your neighbourhood changed over the years? What changes have been for the better? What changes have been for the worse? When is nostalgia <i>constructive</i>? When is nostalgia <i>destructive</i>?</li> <li>What's the point of history?</li> <li>When does the <i>past</i> help us deal better with the <i>present</i> and prepare for the <i>future</i>?</li> <li><i>"Memory produces hope in the same way that amnesia produces despair."</i></li> <li>Walter Bruggemann</li> <li><i>"Those who fail to learn from history are doomed to repeat it."</i> Winston Churchill</li> <li><i>"If we do not transform our pain, we will most surely transmit it."</i> Richard Rohr</li> </ul>	
Read	Numbers 14:2-4John 21:15-19Listen again	ChesterRoadBaptist.org.uk/Watch ChesterRoadBaptist.org.uk/Talks
Explore	<ul> <li>Listen again</li> <li>Numbers 14:2: Why were the Hebrews grumbling? See <u>chapter 13</u>. What had they been told their future in the Promised Land was like? What were the <i>opportunities</i> and <i>threats?</i> What happens when 'glass half-empty' people dominate the narrative? What difference do 'glass half-full' people make? By temperament, which are you? Why were the Hebrews suddenly nostalgic for the 'Egypt' they had escaped from? What, 'back in the good old days', had life been like for them in Egypt? What does it mean to look back with 'rose-tinted spectacles'? What are <i>push</i> and <i>pull</i> factors? What were the <i>push</i> and <i>pull</i> factors that had prompted the Hebrews to have left Egypt? If they were unsettled by their present wilderness, was the answer to go <i>back</i> (to Egypt) or keep going <i>forwards</i> (to the Promised Land)? What might this mean for <i>us</i> today?</li> <li>Numbers 14:3: Why were the Hebrews blaming God? Who had they been listening to? What happens when we let fear rule us?</li> <li>Numbers 14:4: Where was Moses leading the Hebrew to? Where did the 'grumblers' want to return to? What were some secretly discussing/ plotting?</li> <li>Numbers 14:5: How did Moses and Aaron respond to the assembly/ congregation? Why?</li> <li>Numbers 14:10-20: Why dGod take it personally when the Hebrews grumbled against Moses? How did Moses intercede on behalf of the</li> </ul>	

	<ul> <li>grumbling Hebrews? What does this say about Moses' character? How was this reflecting God's character? What</li> <li><u>Numbers 14:21-23</u>: If God had forgiven the Hebrews, why say they would never make it to the Promised Land? Was <i>God</i> preventing them from entering what God had promised them? Or was it rather the consequence of their own actions/ attitudes? When/ how can our actions hold us back?</li> </ul>
Go further	<ul> <li>John 21:15-19</li> <li>What had the last few days been like for Peter? How had Peter failed Jesus? How might Peter have been feeling? What might Peter have felt he deserved? Instead, how did Jesus respond to Peter? What effect did this have on Peter?</li> <li>What was the one leading <i>question</i> Jesus kept asking Peter? Why <i>that</i> question? How do <i>you</i> answer that question today/now?</li> <li>What was the one leading <i>invitation</i>/ <i>challenge</i> Jesus brought to Peter? What <i>that</i> challenge? How do <i>you</i> respond to that invitation/ challenge today/ now?</li> </ul>
Reflect	<ul> <li>Which one verse stands out to you? Why do you think it grabs your attention?</li> <li>Which verse(s) will you need to think more about? Why?</li> <li>What past experiences/ events in your life led you to make positive changes?</li> </ul>
د. شر Do	Look back through your social media timeline/ past posts (or diaries!) What moments are you especially grateful for? Why? What moments are you relieved to have moved on from? Why?
Pray	Say this slowly and repeatedly: Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and will be for evermore. Amen.
My questions:	

If you're not yet in a small group, why not join one! Check out: <u>ChesterRoadBaptist.org.uk/SmallGroups</u> Can't see a group to suit your availability/interest? Start one! <u>SmallGroups@ChesterRoadBaptist.org.uk</u>

Small Group/ Reflection notes written by Ruth McIntosh.