



Small Group/ Reflection Notes

11-02-2024		iConnect – EAT	
 Start	<input type="checkbox"/> Would you rather.. have a free 12-month ‘all you can eat’ pass at Nando’s or a free one-off 3-course meal at a Michelin-star restaurant?		
 Discuss	<input type="checkbox"/> What makes for a good meal? <input type="checkbox"/> What’s the best meal you’ve ever had? Who was there? <input type="checkbox"/> Why do we remember <u>who</u> ’s at the table far more than <u>what</u> ’s on the table?		
 Read	<u>Acts 2:42-47</u>	 Listen again	ChesterRoadBaptist.org.uk/Watch
 Explore	<input type="checkbox"/> <u>Acts 2:46</u> : Why might eating together have been so important to the Acts Church? <input type="checkbox"/> Why was eating with others such a feature of Jesus’ ministry? What can happen at a meal that goes beyond the food? <input type="checkbox"/> What does it mean to ‘break bread’? Why do this in their homes? <input type="checkbox"/> See <u>Matthew 26:17-30</u> & <u>1 Corinthians 11:17-34</u> : What were the contexts for Communion? Why as part of a meal? <input type="checkbox"/> What can we miss if we reduce Communion to a formal, sanitised ritual? <input type="checkbox"/> How is Communion so sensory? What is it communicating to us?		
 Go further	<input type="checkbox"/> See <u>1 Corinthians 11:17-34</u> : <input type="checkbox"/> <u>v.27-29</u> : What was Paul warning against? If Jesus serves bread & wine to Thomas/ Peter/ Judas, why is Communion NOT about how believing/ faithful/ good we are? So, why the warning? <input type="checkbox"/> <u>v.20-22</u> : What were some doing in the Corinth church? Why was that breaking fellowship with others? How was their action unworthy of what Communion is all about? Why Communion for broken people?		
 Reflect	<input type="checkbox"/> Which one verse stands out to you? Why do you think it grabs your attention? <input type="checkbox"/> Which verse(s) will you need to think more about? Why?		
 Do	<input type="checkbox"/> Invite some people to join you for a meal. <input type="checkbox"/> As a small group, have a meal together. Who will bring what, where, when? <input type="checkbox"/> During the meal ‘break bread’ together.		
 Pray	Say slowly and repeat multiple times: <i>Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and shall be forever. Amen. Glory to the Father, and to the...</i>		
 My questions:			

*If you're not yet in a small group, why not join one! Check out: ChesterRoadBaptist.org.uk/SmallGroups
Can't see a group to suit your availability/interest? Start one! SmallGroups@ChesterRoadBaptist.org.uk.*

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