



Small Group/ Reflection Notes

11-06-2023		LOLO! Living in the mist	
 Start	<input type="checkbox"/> Have some fun with a Digital Assistant (e.g. iPhone 'Siri', Amazon 'Alexa', Google Assistant 'Google').		
 Discuss	<input type="checkbox"/> How in your lifetime has technology changed your world/ work? <input type="checkbox"/> To what extent has it made life better/ worse? Or is it just.. <i>different</i> ? <input type="checkbox"/> How might Artificial Intelligence in the future change your world/ work? <input type="checkbox"/> To what extent do you ever feel 'same old same old'; meetings come & go; restructures happen again & again. There's nothing new under the sun?		
 Read	Ecclesiastes 1:1-11	 Listen again	ChesterRoadBaptist.org.uk/Watch
 Explore	<input type="checkbox"/> v.1 : What is translated 'Teacher' (NIV), 'Preacher' (King James), 'Philosopher' (Good News) & 'Questor' (The Message), is Hebrew 'Qoheleth' – the 500 BC prototype of Alexa. Qoheleth, what are the challenges (& opportunities) of living in an age of competing ideas, cultures, languages, & beliefs? <input type="checkbox"/> v.2 : Qoheleth, why do we crave meaning? What happens when things seem meaningless? When have you felt that? Qoheleth, what's the point? <input type="checkbox"/> v.3 : Qoheleth, has work ever felt meaningless? How do you deal with that? <input type="checkbox"/> v.10 : Qoheleth, what causes cynicism? What does it do to us/ others? <input type="checkbox"/> v.2 : What is translated 'meaningless' (NIV), 'vanity' (King James), 'useless' (Good News) & 'smoke' (The Message), is Hebrew 'hevel', meaning vapor, mist i.e. temporary. Qoheleth, how does this help us deal with the good & bad of life? How can we live more intentionally in the present? Why/ how do we meet Christ in the present? YOLO! So live it		
 Go further	<input type="checkbox"/> Watch the Bible Project overview of the Book of Ecclesiastes (mins) <input type="checkbox"/> Read James 4:13-17 . James and Qoheleth are as one: if life is mist/ temporary (hevel), why is it futile being too rigid about your future or boasting about your life?		
 Reflect	<input type="checkbox"/> Which one verse stands out to you? Why do you think it grabs your attention? <input type="checkbox"/> Which verse(s) will you need to think more about? Why? <input type="checkbox"/> What des it mean to be <i>fully</i> present? Why is 'our head elsewhere' sometimes?		
 Do	<input type="checkbox"/> Take a moment to be intentionally <i>present</i> . Become aware/ conscious of your surroundings: the sights, sounds, smells, sensations... Tune in, using your senses, and become more fully <i>present</i> . If you get distracted, don't worry; just bring yourself back into the <i>present</i> . Reflect that Risen Christ is present with you, in this moment – right here, right now.		

Pray	
 My questions:	

*If you're not yet in a small group, why not join one! Check out: ChesterRoadBaptist.org.uk/SmallGroups
Can't see a group to suit your availability/interest? Start one! SmallGroups@ChesterRoadBaptist.org.uk.*