













Small Group/ Reflection Notes

	13.02.2022	Let's talk about...[it]
 Start	<ul style="list-style-type: none"> □ Play a game of Articulate! or Describe it! Take it in turns to describe a word without ever saying [it]. Everyone else must guess the [it] word. 	
 Discuss	<ul style="list-style-type: none"> □ When did you first learn about [it] - sex? What were you taught about [it]? What was <i>not</i> said? □ Why are so many TV shows/ films about sex and sexual relationships? What does that say about sex? About us? □ How do the likes of Easterenders, Love Island, Naked Attraction, or pornography portray sex? 	
 Read	Genesis 1:26-31	 Listen again ChesterRoadBaptist.org.uk/Watch ChesterRoadBaptist.org.uk/Talks
 Explore	<ul style="list-style-type: none"> □ Why can we sometimes be coy or embarrassed to speak about sex, particularly in the context of church? □ When (if at all) have you heard sex discussed in church? What do you remember about the message or tone of it? □ Do you have to be in a sexual relationship to be sexual? To what extent are we all sexual? How does this apply in different stages of life? □ If we are called to 'whole-life/ access-all-areas' discipleship, how do we apply this to our sensual or sex lives? □ Paul teaches a lot about grace - God's unlimited, unearned, undeserved love and blessing for us. Why do we sometimes want to say 'yes BUT..'and add lots of 'small print' or caveats? What does that do to grace? □ How is the story of Adam and Eve also <i>our</i> story? - remember that 'Adam' also means 'mankind' or 'humanity' too... □ v. 28 - what clues are there here that in 'multiplying and being fruitful' God intends pleasure and goodness for Adam and Eve's relationship? How does this show us that sex is God's gift to humanity? □ What is the difference between procreation in the animal kingdom versus sex for humans? How can we see sex as something beautiful and even sacred? □ Genesis 2:24, and later Jesus in the gospels, describes sex as two becoming one. Beyond the physical act of sex, what else does this mean? How is this similar to God being One? □ Read Song of Songs 7 - this is a very sensual love song! Some interpret this book as an allegory of the relationship between God and the bride of Christ: the church. What do you think? 	

	<ul style="list-style-type: none"> □ How does the Bible's presentation of sex show us how to be more human? How does this contrast with the TV shows you talked about at the beginning of the session?
 Go further	<ul style="list-style-type: none"> ● Read Song of Songs 2. How do the speakers show their passion and desire for one another? ● How is a sense of mutual respect and desire evident and important in this depiction of an intimate relationship? How does this link back to Genesis 1? What does it reveal about God?
 Reflect	<ul style="list-style-type: none"> □ Which one verse stands out to you? Why do you think it grabs your attention? □ Which verse(s) will you need to think more about? Why? □ What is God putting on <i>your</i> heart?
 Do	<p>As you go through the coming week, be alert to healthy/ positive references to/ portrayals of sex, as God intended it to be. Likewise, be alert to unhealthy/ negative references to/ portrayals of sex.</p>
 Pray	<p>Creator God, You are the maker of sex. Not Hollywood. Not some romance book. You. And everything You make is good. Help me to be the person you have made me to be, enjoying all aspects of life, as you have intended for me. Amen.</p>
 My questions:	

If you're not yet in a small group, why not join one! Check out: ChesterRoadBaptist.org.uk/SmallGroups
 Can't see a group to suit your availability/interest? Start one! SmallGroups@ChesterRoadBaptist.org.uk