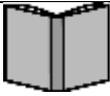




## Small Group/ Reflection Notes

14-03-2021		Ezekiel's prophetic heart	
 Start	<input type="checkbox"/> Play a game of 'hard or soft'? Collect a number of random hard or soft items (e.g. brick, cushion, rolling pin, hand cream...) and place them all in a box/bag. The group must guess each item by asking no more than 7 questions that can only be answered yes/no.		
 Discuss	<input type="checkbox"/> To what extent do you feel fit? What exercise, if any, do you do? <input type="checkbox"/> If faced with a medical emergency, would you know how to perform CPR (Cardiopulmonary resuscitation)?		
 Read	<b>Ezekiel 36:16-38</b>	 Listen again	<a href="http://ChesterRoadBaptist.org.uk/Watch">ChesterRoadBaptist.org.uk/Watch</a> <a href="http://ChesterRoadBaptist.org.uk/Talks">ChesterRoadBaptist.org.uk/Talks</a>
 Explore	<input type="checkbox"/> v.24-31: How many times does God say, "I will"? What does that say to us? <input type="checkbox"/> v.25: Why did those in Exile need cleansing? From what? How? And us? <input type="checkbox"/> v.26: Why did those in Exile need a 'new heart'? What was wrong with it? What kind of heart does God want <i>us</i> to have? Why? <input type="checkbox"/> v.27: Why did those in Exile need a <i>new</i> spirit? What difference does being full of the Holy Spirit make? <input type="checkbox"/> v.27: Why does having the right 'heart and spirit' prompt us to live God's way? <input type="checkbox"/> v.28-30: Why is fruitfulness the consequence of right 'heart and spirit'? <input type="checkbox"/> v.31-32: Why do we see <i>our</i> 'sin' differently when we're full of the Holy Spirit?		
 Go further	<input type="checkbox"/> v.16-21: If menstruation is part of the cycle of life, why was it considered 'unclean' spiritually as well as physically in the Old Testament? <input type="checkbox"/> Read Luke 8:43-48. How was Jesus so different? What did she do? What did Jesus not do? What did Jesus communicate?		
 Reflect	<input type="checkbox"/> Which one verse stands out to you? Why do you think it grabs your attention? <input type="checkbox"/> Which verse(s) will you need to think more about? Why?		
 Do	<input type="checkbox"/> Get active. Go for a brisk walk/ run/ cycle/ swim See <a href="http://www.nhs.uk/live-well/">www.nhs.uk/live-well/</a> <input type="checkbox"/> Find out/ refresh yourself about how to perform life-saving CPR. See <a href="http://www.bhf.org.uk/CPR">www.bhf.org.uk/CPR</a>		
 Pray	<i>Dear God,</i> <i>You are holy and _____. Please cleanse me from _____. Give me a new _____. Fill me again with Your Holy Spirit. Help me to _____. Amen.</i>		
 My questions:			

If you're not yet in a small group, why not join one! Check out: [ChesterRoadBaptist.org.uk/SmallGroups](http://ChesterRoadBaptist.org.uk/SmallGroups)  
 Can't see a group to suit your availability/interest? Start one! [SmallGroups@ChesterRoadBaptist.org.uk](mailto:SmallGroups@ChesterRoadBaptist.org.uk)