

Hope

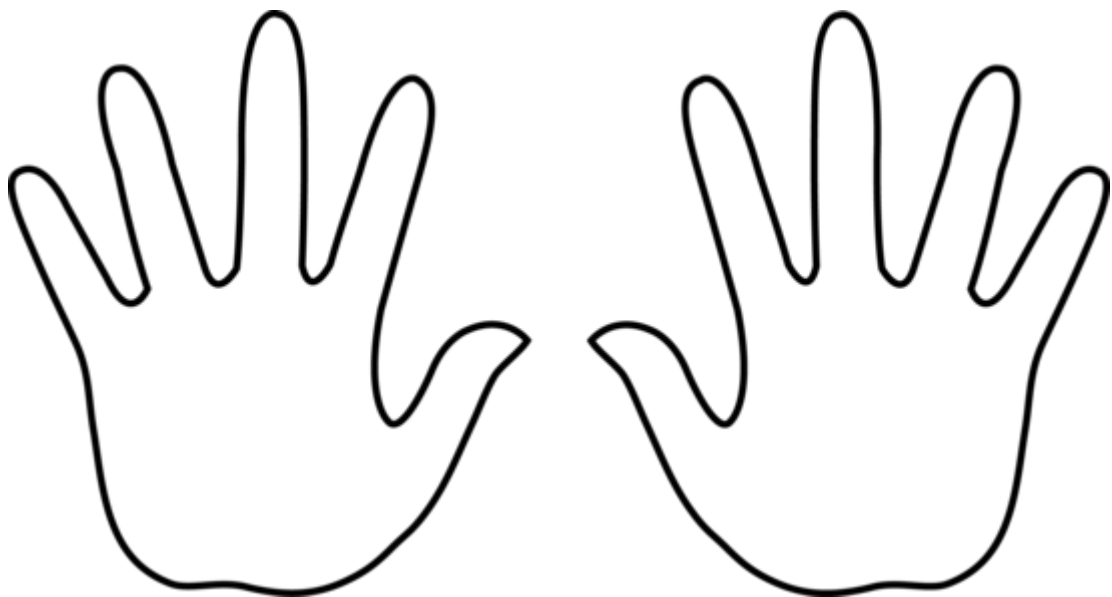
Hope-full Hands


Place your hands on a piece of paper and draw around them.

On your left hand, write all of good things God has done in your life so far.

On your right hand write the things that you are hopeful for this year. For example: seeing family and friends, joy, a holiday etc.

Try and fill your hands up so they are full of hope! Your left hand reminds you of all the things God is capable of doing and more! This helps us to have hope that good things are coming.





may the
GOD OF HOPE
fill you with all

JOY AND PEACE

as you
Believe
in *Him*

ROMANS 15:13