



## Small Group/ Reflection Notes

	<b>20-09-2020</b>	Look away – sexual attraction & integrity
 Read	<b>Matthew 5:27-30</b>	 Listen again ChesterRoadBaptist.org.uk/Watch ChesterRoadBaptist.org.uk/Talks
 Discuss	<input type="checkbox"/> How are our attitudes to sex influenced by the Victorians? Media? Internet? <input type="checkbox"/> Why is sex a <i>gift</i> from God? What ‘Maker’s instructions’ come with it? <input type="checkbox"/> What are the keys to a long-term marriage/ relationship? <input type="checkbox"/> When does noticing, even appreciating someone, become lust? How does lust value/ respect people? What are the differences between lust and love?	
 Go further	<input type="checkbox"/> v.27 Why does ‘ <i>do not commit adultery</i> ’ (Ex.20:14) too often become ‘ <i>don’t get caught..</i> ’? <input type="checkbox"/> v.28 Why does our heart intention matter so much? What would Jesus have said about the #MeToo movement? <input type="checkbox"/> v.29 Jesus exaggerated ( <u>not</u> to be taken literally) to make his blunt point – why? How does what we linger at effect our sexual integrity? Why do we sometimes need to ‘cut it out’? <input type="checkbox"/> v.30 Why doesn’t everyone have no eyes and no hands? Where is grace?	
 Reflect	<input type="checkbox"/> Which one verse stands out to you? Why do you think it grabs your attention? <input type="checkbox"/> Which verse(s) will you need to think more about? Why? <input type="checkbox"/> How do you/ could you maintain your sexual integrity? What are your ‘red lines’/ boundaries?	
 Do	<input type="checkbox"/> Make yourself accountable to appropriate others you trust for the way you live. #GrowingCommunity	
 Pray	<i>Dear God,            Thank you for giving us, Your Creation, the gifts of food and sex. This makes me think You are _____. Help me to become more _____ and less _____. Forgive me when I _____. May I know the power of Your grace to live in your freedom, joy, and love. Amen</i>	
 My question:		



If you’re not yet in a small group, why not join one!

Check out: [ChesterRoadBaptist.org.uk/SmallGroups](http://ChesterRoadBaptist.org.uk/SmallGroups)

Can’t see a small group that suits your availability/ interest? Why not start one!

Email: [SmallGroups@ChesterRoadBaptist.org.uk](mailto:SmallGroups@ChesterRoadBaptist.org.uk)

Chester Road Baptist Church, Chester Road, Sutton Coldfield, West Midlands, B73 5HU

☎ 0121 350 2779 ✉ [office@ChesterRoadBaptist.org.uk](mailto:office@ChesterRoadBaptist.org.uk) 🌐 [ChesterRoadBaptist.org.uk](http://ChesterRoadBaptist.org.uk)

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