



Small Group/ Reflection Notes

Date:	05/01/2020	Title:	Mirror, Mirror - What do you see?
 Read	Ephesians 2:10	 Listen again	ChesterRoadBaptist.org.uk/Talks
 Discuss	<input type="checkbox"/> Why do some people feel uncomfortable looking at themselves in the mirror? <input type="checkbox"/> Why are compliments sometimes hard to receive?		
 Go further	<input type="checkbox"/> Genesis 1:26-27, 31. What does it mean to be “made in God’s image”? What difference does that make to how you see a) yourself, b) others?, c) God? <input type="checkbox"/> Psalm 139:14 – “ <i>I praise You because I am fearfully (awesomely) and wonderfully made</i> ” – how easy is it to say a) in your head, b) aloud in front of others, c) and accept it as truth? Try it! <input type="checkbox"/> Ephesians 2:10 – what does it feel like to be described as being “God’s priceless work of art”?		
 Reflect	<input type="checkbox"/> Which one verse stands out to you? Why do you think it grabs your attention? <input type="checkbox"/> What is one of your <i>physical</i> attributes you feel most positive about? What is one of your strongest <i>character</i> qualities. It’s OK to be positive about yourself.		
 Do	<input type="checkbox"/> Stand in front of a mirror and read Bible Scriptures to yourself: Genesis 1:27-28, Psalm 139:14, Ephesians 2:10.		
 Pray	<p><i>Dear God,</i> <i>I praise You because I am fearfully and wonderfully made. I praise you for my ____ I</i> <i>praise You because You made me to be ____.</i> <i>Help me to reflect Your glory. Amen</i></p>		
 My question:			



If you're not yet in a small group, why not join one!

Check out: www.ChesterRoadBaptist.org.uk/SmallGroups

Can't see a small group that suits your availability/ interest? Why not start one!

Email: SmallGroups@ChesterRoadBaptist.org.uk