



Small Group/ Reflection Notes

Date:	22/09/2019	Title:	Draw near to God
Read	James 4:7-12	Listen again	ChesterRoadBaptist.org.uk/Talks
Discuss	 ☐ How/when/where are you able to press 'pause' on life? ☐ Where do you feel most at peace? ☐ When are you most conscious of God? 		
Go further	 □ Why might submitting to God be liberating? □ What does it mean to 'Resist the devil'? □ Read Psalm 46:10. Mindfulness is about being fully <i>present</i> in the moment, this precise moment - now. Not focusing on the past or future. How might this help you 'draw near to God'? 		
Reflect	 □ Which one verse stands out to you? Why do you think it grabs your attention? □ Which verse(s) will you need to think more about? Why? □ Say aloud, slowly, repeatedly and in turn, each time placing the emphasis on a different word, "Submit yourself to God. Resist the devil, and he will flee from you. Draw near to God and He will draw near to you." 		
Do Do	☐ Plan ahead some 'time out' alone to intentionally 'draw near to God'. Early morning, daytime, evening? Weekend? Will you use a special seat, walk, café?		
Pray	□ Being fully present with God in His presence. Dear God, I choose to submit to You and Your authority over my life. I resist the evil of Thank you for disarming its power on the Cross. I seek to be fully present with You in this holy moment, conscious of Your awesome presence. Amen		
My question:			



If you're not yet in a small group, why not join one!

Check out: www.ChesterRoadBaptist.org.uk/SmallGroups

Can't see a small group that suits your availability/ interest? Why not start one!

Email: SmallGroups@ChesterRoadBaptist.org.uk