



Small Group/ Reflection Notes

Date:	04/08/2019	Title:	God said GO! Jonah said NO!
 Read	Jonah 1:1-16	 Listen again	ChesterRoadBaptist.org.uk/Talks
 Discuss	<input type="checkbox"/> When have you felt challenged to do something you really didn't want to do? What happened? <input type="checkbox"/> Have you ever felt 'saved' by an unexpected change of circumstances or event? What happened? <input type="checkbox"/> When did you last call out to 'something' or pray to God? Why? <input type="checkbox"/> Have you ever tried to avoid God?		
 Go further	<input type="checkbox"/> Verse 2-3: Assyria had defeated Jonah's people and treated them <u>very</u> badly. To what extent can you identify with Jonah? When have you avoided God? <input type="checkbox"/> Verse 12: Jonah appeared full of self-blame and punishment? How easy do you find it to receive kindness or forgiveness from God (or others)?		
 Reflect	<input type="checkbox"/> Which one verse stands out to you? Why do you think it grabs your attention? <input type="checkbox"/> Which verse(s) will you need to think more about? Why? <input type="checkbox"/> When are you like Jonah? When are you like the sailors?		
 Do	<input type="checkbox"/> Do you know someone who could be ready to 'throw the towel in'? How can you show them solidarity or companionship? e.g. call, text, visit, invite... bake a cake, buy a coffee, make a meal, send a card... <i>Fancy a coffee?</i>		
 Pray	<input type="checkbox"/> Ask God to show you what He is nudging you to do. <i>Dear God, please show me what you are calling me to do.</i> <i>Help me to be open to You.</i>		
 My question:			